## Nepal Engineering Council Registration Examination

### Civil and Rural Engineering Syllabus (ACRE)

Chapters 1-5 are fundamentals/principles of concepts in civil engineering; chapter 6 and 9 are related to the civil engineering application and chapters 7-8 are related to application of civil and rural engineering principles in practice; and the last (10th) chapter is related to project planning, design and implementation.

## 1. Basic Civil Engineering

(ACiE01)

- **1.1 Engineering materials**: Properties (physical, chemical, mechanical and thermal); types, characteristics, composition, selection, and usage/function of engineering materials (stones, bricks, tiles, cement, lime, timber, metals/alloys, paints/varnishes, and asphalt/bitumen/tar). (ACiE0101)
- **1.2 Standards (NS & IS) and tests for civil engineering materials**: tests of brick (water absorption and compressive tests), tests of cement (consistency, setting time, soundness, and compressive strength); test of aggregate (bulking of sand); test of rebar (tensile test). (ACiE0102)
- **1.3 Building technology**: Building construction technology (brick and stone masonry, carpentry, painting, plastering, concrete roofing, flooring, damp proof course); Building by laws. (ACiE0103)
- **1.4 Geometric properties of sections**: Axes of symmetry; centre of gravity of different sections (e.g., built-up plane figures, standard steel sections); moment of inertia; radius of gyration (ACiE0104)
- **1.5 Surveying and levelling**: Fundamentals of surveying; measurements (linear distance, vertical distance, and angle and directions); levelling; topographic survey (principles and applications); Simple circular curves, principles and applications of GPS/GIS. (ACiE0105)
- **1.6 Estimating, costing, and valuation**: types of estimate; methods of estimating; rate analysis; specifications (purpose, importance and types), valuation. (ACiE0106)

## 2. Soil Mechanics and Foundation Engineering

(ACiE02)

- **2.1 Soil properties and laboratory tests**: tests for strength, permeability, compressibility, phase relationships; determination of index and engineering properties of soils; soil classification (descriptive, textural, ISI, MIT, USCS); boring log interpretation; sieve analysis and interpretation of results; determination of Atterberg limits of soils. (ACiE0201)
- **2.2 Stresses on soil and seepage**: effective stress (factors affecting effective stress, capillary rise, and quick sand conditions); seepage analysis [Seepage pressure, flow nets and their applications]; soil compressibility (including various indices) and compaction (definition, affecting factors). (ACiE0202)
- **2.3 Shear strength of soil and stability of slopes**: Concept of shear strength, principal planes and principal stresses; Mohr-Coulomb theory of shear strength; calculation of normal and shear stresses at different planes; relation of principle stress at failure condition; types of shear tests; stability of slopes.

  (ACiE0203)
- **2.4 Soil exploration, earth pressure and retaining structures**: soil exploration (methods, planning, soil sampling and samplers, field tests, site investigation reports); earth pressure theories; stability analysis of retaining walls; techniques to increase stability of retaining walls. (ACiE0204)
- **2.5 Fundamentals of foundation**: Definition, Types (Shallow and Deep), functions, factor affecting, site investigation of foundation, concept of spread and mat foundation. (ACiE0205)
- **2.6 Bearing capacity and foundation settlements**: bearing capacity (types, effects of various factors); modes of foundation failure; Terzaghi's general bearing capacity theory; ultimate bearing capacity of cohesion-less and cohesive soils; consolidation (concept, types and tests); settlement (types, nature, effects and calculations). (ACiE0206)

#### 3. Basic Water Resources Engineering

(ACiE03)

- **3.1 Fluids and their properties**: types of fluids; fluid properties (mass density, specific weight, specific gravity, specific volume, viscosity, compressibility, capillarity, surface tension, cavitation and vapour pressure. (ACiE0301)
- **3.2 Hydrostatics**: pressure and head; Pascal's law; pressure-depth relationship; manometers; pressure force and centre of pressure on submerged bodies (plane and curved surfaces, practical applications); pressure diagrams; buoyancy; stability of floating/submerged bodies, relative equilibrium. ACiE0302)
- **3.3 Hydro-kinematics and hydro-dynamics**: classification of fluid flow; conservation of mass (continuity equation) and momentum equations and their applications; Bernoulli's equation and its application; flow measurement. (ACiE0303)
- **3.4 Pipe flow**: types, governing equations, major and minor head losses; HGL and TEL lines; design; pipe network problems; unsteady flow in pipes and relief devices. (ACiE0304)
- **3.5 Open channel flow**: geometrical properties; various types of flows; energy and momentum principles (Specific Energy and Specific Force); Types of gradually varied flow profiles; hydraulic jump (types, theory for horizontal and rectangular) flow in mobile boundary channel (design principles/approaches; inception motion condition; Shield diagram). (ACiE0305)
- **3.6 Hydrology**: hydrologic cycle and water balance components; flow measurement and rating curves; hydrographs analysis and synthetic unit hydrographs; rainfall-runoff analysis; flood hydrology (flood frequency analysis and design flood); groundwater hydrology. (ACiE0306)

#### 4. Structural Mechanics

(ACiE04)

- **4.1 Shear forces and bending moments**: Axial forces, shear forces, and bending moments; loads and load superposition; relationship and diagram Interpretation (AF, SF, BM). (ACiE0401)
- **4.2 Stress and strain analysis**: normal and shear stresses; principal stresses and principal planes; maximum shear stress and corresponding plane; stress-strain curves; torsion (ACiE0402)
- **4.3 Theory of flexure and columns**: co-planar and pure bending; elastic curve; angle of rotation; radius of curvature and flexural stiffness; deflection; bending stress; Euler's formula for long column. (ACiE0403)
- **4.4 Determinate structures-1**: Degree of determinacy, Energy Methods, Virtual Work Method, Deflection of beams and portal frame. (ACiE0404)
- **4.5 Determinate structures-2**: Influence Lines for Simple Structures with point loads and UDL; analysis of two hinged arches. (ACiE0405)
- **4.6 Indeterminate structures**: Flexibility Method, Two-Hinged Parabolic Arches, Slope Deflection Method, Moment Distribution Method, Stiffness method, Influence Lines for Continuous Beams, Elementary Plastic analysis. (ACiE0406)

### 5. Design of Structures

(ACiE05)

- **5.1 Loads and load combinations**: Dead Load, Imposed Load, Wind Load, Snow Load, Earthquake Load. (ACiE0501)
- **5.2 Concrete technology**: concrete technology (materials, properties, mix design, testing, quality control, and codes (IS and NS)). (ACiE0502)
- **5.3 RCC structures-1**: working stress and limit state methods; design of beams and slabs; analysis of RC beams and slabs in bending, shear, deflection, bond and end anchorage; RCC; NS & IS codes.

  (ACiE0503)
- **5.4 RCC structures-2**: design of columns and isolated/combined footings; pre-stressed concrete; NS & IS codes. (ACiE0504)

- **5.5 Steel structures**: standard and built-up sections; design of bolted and welded connections; design of simple elements such as ties, struts, axially loaded columns, and column bases; NS and IS codes. (ACiE0505)
- **5.6 Timber and masonry structures**: design principles of timber beams and columns; Design of masonry structures (Mandatory rules of thumb, Nepal Building Code (NBC), properties), Failure modes of masonry structure, mud mortar, lime mortar and cement mortar and its properties.

(ACiE0506)

## 6. Water Supply, Sanitation and Environment

(ACiE06)

- **6.1 Water sources, water quality and water demand**: sources of water (surface and groundwater) and their selection; impurities in water (suspended, colloidal, dissolved); hardness and alkalinity; living organisms in water; water-related diseases and prevention measures; drinking water quality standards; water demand estimation. (ACiE0601)
- **6.2 Intake and distribution systems**: Types of intakes, factor affecting while selection of location of intake; types and purposes of pipe materials, joints, valves and fittings; break pressure tanks; service reservoirs and their capacity determination; design of branch and looped water distribution systems.

  (ACiE0602)
- **6.3 Water treatment process and technologies**: various treatment process and their purposes; screening; plain sedimentation; sedimentation with coagulation; flocculation; filtration; disinfection; softening; and miscellaneous treatments (aeration, removal of iron and manganese, removal of color /odour / taste). (ACiE0603)
- **6.4 Design and construction of sewers**: estimation of quantity of waste water; sewerage system and types; design criteria of sewers; shapes of sewers; sewer materials; design of sewers for separate and combined systems; construction of sewers and sewer appurtenances. (ACiE0604)
- **6.5 Treatment and disposal of wastewater**: characteristics and examination of sewage; decomposition of wastewater; BOD and COD; primary treatment processes and design of grit chamber; secondary or biological treatment process; sewage filtration; activated sludge process; oxidation ponds; waste water disposal by dilution (oxygen sag curve; Streeter Phelp's equation); waste water disposal by land treatment; sludge and solid waste disposal methods; latrine and septic tank. (ACiE0605)
- **6.6 Concept of environmental assessment**: BES; IEE; EIA; government's act, rules/regulations/procedures for BES/IEE/EIA; Types of disaster and its mitigation. (ACiE0606)

## 7. Application of Water Resources Engineering

(ACRE07)

- **7.1 Water demand estimation**: crop water and irrigation water requirements; water availability for irrigation; command areas, irrigation intensity duty and delta; water losses and irrigation efficiencies; effective rainfall; soil-moisture-irrigation relationship; depth and frequency of irrigation; design discharge for canals. (ACiE0701)
- **7.2 Water conveyance structures**: design of canals; hydraulic design of tunnels; tunnel stability and protection measures; design of forebay and surge tanks; design of penstocks and pressure shaft; hydraulic transients (water hammer) and hydro-dynamic pressure calculations; regulating and cross-drainage structures (design of regulators, pipe outlet & vertical drop); design of surface/sub-surface drainage structures. (ACRE0702)
- **7.3 Diversion headworks**: components of weir/barrage; seepage theories and their applications (Bligh's, Lane's, Khosla's); design of silt control structures (excluder, ejector and settling basins); design of weir/barrage (crest, length and thickness of impervious floor); design of energy dissipaters; stability analysis of dams

  (ACiE0703)
- **7.4 River training works**: river stages and need of river training; design of river training works (guide bund and launching aprons, levees and spurs); watershed management (ACiE0704)

- **7.5 Power and energy potential study**: power and energy potentials; methods of fixing installed capacity of a plant; types of hydropower plants on various basis; components of different types of hydropower projects; reservoirs and their regulation; load analysis to the system; hydropower development in Nepal (history, policy, acts & regulation. (ACRE0802)
- **7.6 Hydro-electric machines and powerhouse**: hydro-mechanical equipment and their functions; types of turbines and performance characteristics; selection of turbine and their specific speed; preliminary design of Francis and Pelton turbines; scroll case and draft tubes; generators (types, rating); governs; pumps and their performance characteristics; powerhouse (types, general arrangements, dimensions). (ACiE0806)

## 8. Rural Engineering (ACRE08)

**8.1 Rural roads**: Rural Road Concepts, Classification of Rural roads, Alignment survey, Design criteria, Geometric design, Basic concepts of cross drainages structures (bridges, culverts, causeways, scooper), Slope protection works, bio Engineering, Construction and maintenance of rural roads.

(ACRE0801)

- **8.2 Trail bridges**: Trail bridges & its type; General standards for trail bridges, Short and long span trail bridges, Site investigations, Site selection and Survey, Design parameters, Design of trail bridges: Long Span Trail Bridges and Short Span Trail Bridges, Construction and maintenance. (ACRE0802)
- **8.3 Farm machinery and post-harvesting**: Rural Machinery (Tillage, Equipment's; Water Mill; Wind mill showing intercultural, harvesting, threshing); Processing equipment; Tools, machines and equipment's used for the farming, Tools and equipment's for animal husbandry, Design consideration of Grain Storage Structures, bag storage structures, and farm inputs- fertilizers, seed, pesticides storage, Design of cold storage system for dairy products and perishables, Construction of Grain and bag Storage Structures, Cold storage system for dairy products and perishables. (ACRE0803)
- **8.4 Rural water supply and sanitation**: Rural water supply system & types; Quantity and Quality Consideration in Rural Water Supply system; groundwater development and tube well technology; Ferro -cement tank. Design criteria of rural water supply and sanitation schemes, Survey of rural water supply systems, Design of a typical rural gravity flow water supply system, Design of rainwater harvesting, groundwater development and tube well technology; Construction of rainwater harvesting infrastructure, Construction of Ferro-cement tank, Rural sanitation; Solid Waste Generation, Collection and transportation; Solid Waste Disposal, Design of isolated toilet, septic tank and soak pit, Construction of Rural sanitation infrastructure (pit latrine, septic tank and soak pits). (ACRE0804)
- **8.5 Rural energy**: Rural electrification, Solar energy; Bio energy; Design and construction of microhydro plants; Improved cooking stove, Water mills and wind mills. (ACRE0805)
- **8.6 Rural housing**: Rural housing & Its type; Purpose and types of farm buildings; Farmers' residence; Dairy cattle housing; Poultry housing; Goat & swine housing; Importance of Environmental considerations in the planning of farm buildings; Selection of materials for low cost farm buildings, Design consideration of Rural housing (appropriate Technology), Design of Service Building (Dairy cattle housing, poultry housing, goat & swine housing), Construction of Farm buildings (farmers' residence, cattle housing; Poultry housing; Goat & swine shed). (ACRE0806)

### 9. Transportation (ACiE09)

- **9.1 Highway planning and survey**: Modes of transport, history of road development in Nepal; classification of roads; road survey; highway alignment and controlling factors; evaluating alternate alignments; Road Standards of Nepal. (ACiE0901)
- **9.2 Geometric design of highway**: basic design control and criteria; elements of highway cross-section; highway curves; super elevation; average and ruling gradients; stopping sight distance; design considerations for horizontal and vertical alignments, extra widening, and set back distance; design of road drainage structures; design considerations for hill roads. (ACiE0902)

- **9.3 Highway materials**: types of aggregates and tests on their gradation, strength, durability; binding materials and their tests; design of asphalt mixes; evaluation of subgrade soil. (ACiE0903)
- **9.4 Traffic engineering and safety**: impact of human and vehicular characteristics on traffic planning; traffic operations and regulations; traffic control devices; traffic studies (volume, speed, O&D, traffic capacity, traffic flow characteristics, parking, accident, flow); road intersections (types, configurations, design); traffic lights; factors influencing night visibility, road safety measures.

(ACiE0904)

- **9.5 Road pavement**: different types of pavement; design methods for flexible and rigid pavements (DOR Guidelines); loads and other factors controlling pavement design; stress due to load, temperature. (ACiE0905)
- **9.6 Road construction & maintenance**: activities, techniques, tools, equipment and plants used in road construction; preparation of road subgrade; field compaction control and soil stabilization; construction of asphalt concrete layers; construction procedure for penetration macadam, bituminous bound macadam and plain cement concrete pavements; road maintenance, repair and rehabilitation. (ACiE0906)

# 10. Project Planning, Design and Implementation

(AALL10)

- **10.1 Engineering drawings and its concepts**: Fundamentals of standard drawing sheets, dimensions, scale, line diagram, orthographic projection, isometric projection/view, pictorial views, and sectional drawing.

  (AALL1001)
- **10.2 Engineering Economics**: understanding of project cash flow; discount rate, interest and time value of money; basic methodologies for engineering economics analysis (Discounted Payback Period, NPV, IRR & MARR); comparison of alternatives, depreciation system and taxation system in Nepal. (AALL1002)
- **10.3 Project planning and scheduling**: project classifications; project life cycle phases; project planning process; project scheduling (bar chart, CPM, PERT); resources levelling and smoothing; monitoring/evaluation/controlling. (AALL1003)
- **10.4 Project management**: Information system; project risk analysis and management; project financing, tender and its process, and contract management. (AALL1004)
- **10.5 Engineering professional practice**: Environment and society; professional ethics; regulatory environment; contemporary issues/problems in engineering; occupational health and safety; roles/responsibilities of Nepal Engineers Association (NEA). (AALL1005)
- **10.6 Engineering Regulatory Body**: Nepal Engineering Council (Acts & Regulations).

(AALL1006)